



**Readings**

# Mother's Day Gift Guide

BOOKS FROM MELBOURNE'S  
FAVOURITE BOOKSHOP

## AUSTRALIAN FICTION



### The Collected Regrets of Clover

Mikki Brammer

Viking. PB. \$32.99

Available 2 May

Death doula Clover Brooks ushers people peacefully through their last days,

collecting their final words into three notebooks: 'Advice', 'Confessions', and 'Regrets'. But Clover has forgotten how to live. *The Collected Regrets of Clover* is a sparkling, big-hearted and life-affirming debut novel.

## AUSTRALIAN FICTION



### West Side Honey

Claire Christian

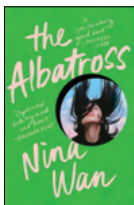
Text. PB. \$32.99

Available 4 April

Cleo is a single mum who has a few things going on. Two beautiful kids, a less beautiful ex-husband, a share-house with

her long-term bestie Jude (complete with a third child, also beautiful) and an underperforming florist business – but she doesn't have time to think about that, or what she wants. Her new week-on, week-off custody schedule is about to change all that – and then some!

## AUSTRALIAN FICTION



### The Albatross

Nina Wan

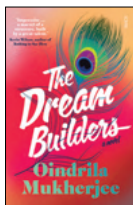
Pan Mac. PB. \$34.99

Available 26 April

When Primrose makes an unplanned detour into a dilapidated suburban golf course, the past ambushes her.

At 36, her marriage is teetering. The boy she loved 20 years ago is now living across the street. Primrose must make a choice. A sparkling, bighearted novel about first love, second chances and the most elusive shot in golf.

## INTERNATIONAL FICTION



### The Dream Builders

Oindrila Mukherjee

Scribe. PB. \$32.99

Available now

Creative writing professor Maneka Roy has not returned to India in years, and when she arrives in her home country to

mourn the loss of her mother, she finds herself in a new world where nothing is as it appears. Oindrila Mukherjee's incisive debut novel is a story of India today, and of globalisation, ambition, longing, love, and bitter loss.

## INTERNATIONAL FICTION



### Duck à l'Orange for Breakfast

Karina May

Pan Mac. PB. \$34.99

Available now

Ad executive Maxine 'Max' Mayberry is holed up in a friend's apartment without

her cheating long-term boyfriend, but with her recently diagnosed brain tumour. Enter Johnny: Tinder pen pal, perfect distraction. Max and Johnny cook through *The Laurent Family Cookbook* without meeting, until the joke transforms into something more.

## CRIME FICTION



### Judgement Day

Mali Waugh

Pan Mac. PB. \$34.99

Available now

Detective Jillian Basset is just back from maternity leave and struggling with new motherhood as she tackles the

biggest case of her career: the murder of family law judge Kaye Bailey. Exploring the murky underworld of the justice system at a cracking pace, *Judgement Day* is a gripping thriller from a compelling new Australian voice.

## BIOGRAPHY



### Did I Ever Tell You This?

Sam Neill

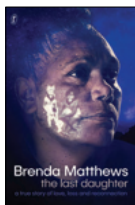
Text. HB. \$49.99

Available now

Sam Neill's unexpected memoir, written in a creative burst of just a few months in 2022, is revealing, heart-warming and

often hilarious. He recounts the unpredictable turns of fortune that have defined his celebrated acting career and his life, especially in Central Otago, New Zealand where he established Two Paddocks, his vineyard.

## BIOGRAPHY



### The Last Daughter

Brenda Matthews

Text. PB. \$34.99

Available 4 April

When Brenda Matthews was two years old, she and her siblings were taken from their parents.

After five years as a much-loved daughter in a white family, she was suddenly returned to her Aboriginal family. This is the story of Matthews' journey to discover the truth about her past. It's a story of heartbreak, love and hope, one that shows a way forward for all Australians.

## BIOGRAPHY



### Tanya Plibersek: On Her Own Terms

Margaret Simons

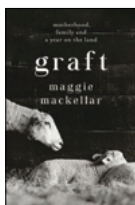
Black Inc. PB. \$34.99

Available now

Elected to federal parliament aged just 28, Tanya Plibersek is the longest-serving woman in

Australia's House of Representatives. Award-winning journalist Margaret Simons draws on exclusive interviews with Plibersek, her political contemporaries, family and close friends to trace the personal and political strands of a modern Australian story.

## BIOGRAPHY



### Graft: Motherhood, Family and A Year on the Land

Maggie MacKellar

Hamish Hamilton. HB. \$35

! Available 25 April

In *Graft: Motherhood, Family and A Year on the Land*, Maggie

MacKellar describes a year on a Merino wool farm on the east coast of Tasmania, and all the life – and death – that surrounds her. It's a stunning thanksgiving for a place and a moment in motherhood, and a timely reminder of the inescapable, elemental laws of nature.

## BIOGRAPHY



### Inner Song: A Biography of Margaret Sutherland

Jillian Graham

Miegunyah. HB. \$50

Available now

Margaret Sutherland was one of the most innovative and influential Australian

composers. In the first half of the 20th century, her desire to be both serious composer and mother was atypical, and she faced significant challenges – public and private – in blending these roles. *Inner Song* tells her remarkable story.

## BIOGRAPHY



### Fat Girl Dancing

Kris Kneen

Text. PB. \$34.99

! Available 2 May

Fat child, self-denying adolescent, hungry young woman; a body now burgeoning uncontrolled into middle age.

This is the story of how Kris Kneen learned to look unblinkingly at their recalcitrant body, and ultimately found the courage to carry it to freedom. *Fat Girl Dancing* is a frank, beautiful and triumphant ode to self-respect.





### Infidelity and Other Affairs

Kate Legge

T&H. PB. \$34.99

Available now

As a journalist, Kate Legge often seeks answers to how people reckon with bad luck or bad decisions. When faced with her

husband's affair, she discovered a fault line of betrayal running through four generations of his family, which began a search for answers both close to home and more universally. To her surprise, she found strength and peace.



### Bhutan to Blacktown

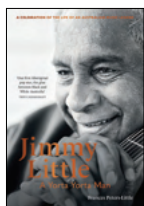
Om Dhungel with James Button

NewSouth. PB. \$32.99

Available 1 May

Bhutan is known as the land of Gross National Happiness. But in the 1980s, Bhutan waged a brutal

ethnic-cleansing campaign against its citizens of Nepali ancestry, including Om Dhungel and his family. Written with Walkley Award-winning journalist James Button, *Bhutan to Blacktown* tells Dhungel's remarkable story.



### Jimmy Little:

A Yorta Yorta Man

Frances Peters-Little

Hardie Grant. HB. \$45

Available 5 April

*Jimmy Little* tells the incredible story of one of Australia's most acclaimed Aboriginal pop and

country music icons. Weaving stories known and unknown to the public, Frances Peters-Little tells the story of her father's inspiring ascend to stardom, the indescribable barriers he faced and the gentle man who always stayed true to himself and his cultural identity.



### Underground Lovers

Alison Pouliot

NewSouth. PB. \$29.99

Available now

From the Australian desert to Iceland's glaciers to America's Cascade Mountains, Alison Pouliot melds science and

personal reflection. She explores how fungi hold forests together, the ways fungi and climate change interact, the role of fungi in our ecosystems, and why humans are deeply entwined with these unruly renegades of the subterranean – and much more.



### A Joyful Life

Rosemary Kariuki with Summer Land

Hardie Grant Explore. HB.

\$34.99

Available now

Long before she was advocating for refugee and migrant women

like herself, Rosemary Kariuki was already an extraordinary survivor. From her tough childhood in Kenya to becoming the 2021 Australian of the Year – Local Hero, Kariuki's story is remarkable for her endurance and joy.



### The Power of Trees

Peter Wohlleben

Black Inc. PB. \$34.99

Available 18 April

*The Power of Trees: How Ancient Forests Can Save Us if We Let Them* is forester Peter Wohlleben's captivating follow-

up to his internationally bestselling *The Hidden Life of Trees*. Wohlleben shares astonishing discoveries about how trees pass knowledge down and puts forward a passionate argument for protecting nature's diversity.

## ENVIRONMENTAL STUDIES



### The Plant Thieves

Prudence Gibson

NewSouth. PB. \$39.99

Available 1 May

*The Plant Thieves* explores the secrets of the National Herbarium of New South Wales and unearths remarkable

stories of plant naming wars, rediscovered lost species, First Nations agriculture, illegal drug labs and psychoactive plant knowledge. This is both a lament for disappearing species and a celebration of learning and being human.

## PERSONAL DEVELOPMENT



### Hanging Out: The Radical Power of Killing Time

Sheila Liming

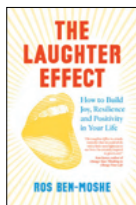
Black Inc. PB. \$29.99

Available 12 April

Sheila Liming's *Hanging Out: The Radical Power of Killing Time* starts with the assumption

that play is to children as hanging out is to adults and makes a brilliant case for the necessity of unstructured social time as a key element of our cultural vitality, especially in an increasingly fractured and digital world.

## PERSONAL DEVELOPMENT



### The Laughter Effect

Ros Ben-Moshe

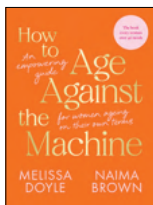
Nero. PB. \$32.99

Available 18 April

*The Laughter Effect: How to Build Joy, Resilience and Positivity in Your Life* is a powerful philosophy that

enhances wellbeing. Drawing on research, practice and wisdom from humour and laughter therapy, along with positive psychology and neuroscience, health-promotion academic and laughter-wellness expert Ros Ben-Moshe offers a new dimension to self-care.

## PERSONAL DEVELOPMENT



### How to Age Against the Machine

Melissa Doyle & Naima Brown

Hardie Grant. PB. \$45

Available 3 May

*How to Age Against the Machine* is a joyous,

information-packed guide through ageing as a woman. Melissa Doyle and Naima Brown, co-hosts of the popular *Age Against the Machine* podcast, ask all the right questions on thorny topics and share the wisdom of experts and women from all walks of life. A must-have!

## PERSONAL DEVELOPMENT



### The Swedish Art of Ageing Well

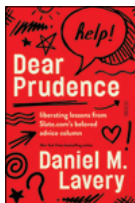
Margareta Magnusson

Scribe. HB. \$29.99

Available now

In her first book, Margareta Magnusson shared the practical Swedish tradition of 'death

cleaning'. Now in *The Swedish Art of Ageing Well: Life Wisdom from Someone Who Will (Probably) Die Before You*, Magnusson shows us how to prepare for and understand the ageing process, and the joys and sorrows it can bring.



### Dear Prudence

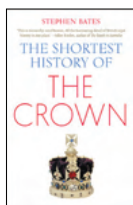
Daniel M Lavery

Scribe. PB. \$29.99

Available 2 May

A collection of the weirdest and wildest questions sent to Slate.com's agony aunt, internet darling Daniel M Lavery, whose

sympathetic, thoughtful, good-humoured advice is read by millions. Featuring new material as well as fan favourites, this is an amusing dose of good sense, compassion, and understanding in a complex world.



### The Shortest History of the Crown

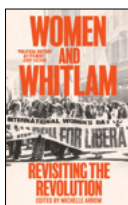
Stephen Bates

Black Inc. PB. \$27.99

Available 2 May

Amidst the turbulence and invasions, upheaval and dissent that characterise British history,

one thing has remained remarkably stable. Former royal correspondent Stephen Bates lifts the lid on the Crown's 1,800 years of power plays, ritual, tradition and intrigue in Britain and asks, where to next for the world's most enduring monarchy?



### Women and Whitlam

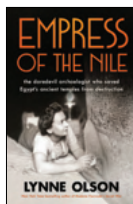
Michelle Arrow (ed.)

NewSouth. PB. \$34.99

Available 1 April

The Whitlam government transformed Australia, yet the scope and scale of the reforms for Australian women are often

overlooked: it appointed a women's advisor to national government, ensured accessible contraception, introduced no-fault divorce, and much more. *Women and Whitlam* brings together three generations to revisit the Whitlam revolution and build on it for the future.



### Empress of the Nile

Lynne Olson

Scribe. PB. \$36.99

Available now

In the 1960s, 50 countries contributed nearly a billion dollars to save a dozen ancient Egyptian temples from

drowning in the Aswan High Dam. But the extensive press coverage of this unprecedented rescue effort completely overlooked Christiane Desroches-Noblecourt, the gutsy French archaeologist who made it all happen. *Empress of the Nile* tells her fascinating story.



### Wine Trails 2

Lonely Planet Food

Lonely Planet. HB. \$39.99

Available now

This second edition of Lonely Planet's *Wine Trails* features insights from winemakers and 52

weekend-long guided itineraries through the world's most exciting wine regions, from the well-known, such as Rioja, Burgundy, Margaret River and Sonoma, to the up-and-coming and offbeat regions such as Priorat near Barcelona and Tamar Valley in Tasmania.



### Viking Women

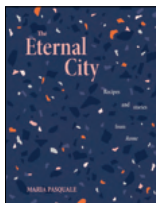
Lisa Hannett

T&H. PB. \$34.99

Available now

In *Viking Women: Life and Lore*, Lisa Hannett lifts the veil on the untold stories of wives and mothers, girls and

slaves, widows and witches who sailed, settled, suffered, survived – and thrived – in a society that largely catered to and memorialised men. *Viking Women* presents the everyday experiences of a compelling cast of women.



### The Eternal City

Maria Pasquale

Smith Street Books. HB. \$55

Available now

Visit the places where Romans eat every day, from the trattoria to the home kitchen, through the dishes

that define these locations. With 70 recipes shared by iconic eateries, chefs, and Maria Pasquale's family and friends, *The Eternal City: Recipes and Stories from Rome* is a love letter to Rome and the lives of modern-day Romans.

## TRAVEL



### You Only Live Once 2 Lonely Planet

Lonely Planet. HB. \$39.99

Available 17 April

The second edition of *You Only Live Once* inspires readers to seize the day and make the most of their

opportunities to discover the world. Whether they have a spare hour, day, week, month or year, this is a manual to a life well lived. It uncovers hundreds of ideas for trips and experiences that will illuminate life and inspire personal growth.

## CULTURAL STUDIES



### Personal Score: Sport, Culture, Identity

Ellen van Neerven

UQP. PB. \$34.99

Available 2 May

*Personal Score* is a groundbreaking look at sport on this continent from a First Nations

and queer perspective. Ellen van Neerven interrogates the implications of playing sport on stolen land, and examines how many athletes challenge mainstream views of gender and sexuality, and use sport and their role within it to effect change.

## ART AND FASHION



### Red Carpet Oscars Dijanna Mulhearn

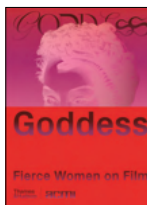
T&H. HB. \$100

Available now

The red carpet is so much more than fabulous gowns on famous people; it reflects the styles and values of each

era and has become a platform to make social statements. *Red Carpet Oscars* presents over 90 years of fashion since its inception in 1929, charting what the stars wore and why. Fashion writer Dijanna Mulhearn has compiled the ultimate Hollywood fashion resource.

## CULTURAL STUDIES



### Goddess: Fierce Women on Film ACMI

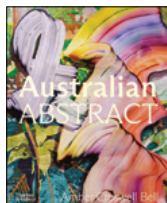
T&H. PB. \$49.99

Available now

*Goddess* examines cinema history through a feminist lens, charting the evolution

of women's on-screen representation and challenging dominant narratives and misconceptions. Contributors from the industry, academia and media share behind-the-scenes stories and analysis in this companion to the ACMI exhibition.

## ART AND FASHION



### Australian Abstract Amber Creswell Bell

T&H. HB. \$69.99

Available now

There is no single, neat definition of abstract art. It makes no attempt to represent reality; it has its

own visual language with no rules. Drawing on extensive interviews, Amber Creswell Bell examines this constantly evolving genre and the diverse practices of more than 40 contemporary abstract painters.

## CULTURAL STUDIES



### Rethinking Our World Maja Göpel & David Shaw (trans.)

Scribe. PB. \$29.99

Available 4 April

In German bestseller *Rethinking Our World: An Invitation to Rescue Our Future*, Maja

Göpel, co-founder of the Scientists for Future initiative, explains that we do not solely face an environmental crisis, but also a social one. Göpel illustrates how we can leave behind our familiar ways of living to achieve a better future.





### Sweet Enough

Alison Roman

Hardie Grant. HB. \$55

Available 5 April

*Sweet Enough: A Baking Book* is a simple, accessible cookbook full of desserts that come together faster than you can eat them.

Alison Roman, the *New York Times* bestselling author of *Dining In* and *Nothing Fancy*, has written the baking book for people who don't usually bake. Casual, effortless and chic, these recipes require little more than your own two hands and a few mixing bowls.



### Bush Flowers

Cassandra Hamilton & Michael Pavlou

T&H. HB. \$59.99

Available now

Native flora and foliage offer a beautiful alternative in the sustainability-challenged

cut-flower industry. In *Bush Flowers: Australian Flowers and Foliage for Decoration and Design*, renowned Melbourne florists Cassandra Hamilton and Michael Pavlou share 50 plant profiles with notes on growing, cutting, conditioning, arranging and drying, so you can enjoy native flora at home.

## VISIT YOUR LOCAL READINGS

<b>CARLTON</b>	309 Lygon St	03 9347 6633
<b>KIDS</b>	315 Lygon St	03 9341 7730
<b>DONCASTER</b>	Westfield Doncaster	03 9810 0891
<b>EMPORIUM</b>	Emporium Melbourne	03 9810 0850
<b>HAWTHORN</b>	701 Glenferrie Rd	03 9819 1917
— Relocating to 685–687 Glenferrie Rd in late-April!		
<b>MALVERN</b>	185 Glenferrie Rd	03 9509 1952
<b>ST KILDA</b>	112 Acland St	03 9525 3852
<b>SLV</b>	285–321 Russell St	03 8664 7540

## ONLINE ORDERS

Place your orders of in-stock titles by 3 May 2023 to guarantee delivery in time for Mother's Day.

For more gift ideas or to view our Mother's Day collections online, visit our website: [readings.com.au](https://readings.com.au)



Books that are due to become available in late April or early May might miss our online shipping deadline, but will be available in our shops.

Illustrations by Adriana Picker | [adrianapicker.com](https://adrianapicker.com)

# Readings

